

## Queen Square Medical Practice

## RIGHT TO CHOOSE - ADHD (ADULT)

Thank you for contacting the surgery about being referred under the NHS Right to Choose option.

Prior to making the referral I wanted to make you aware that, whilst you are free to go to another provider, there are implications in doing this.

If you chose to go outside of our local provider, we will be unable to prescribe or monitor any medication for you.

This means you will be liable for any private prescriptions issued by your provider

If you are referred to our local provider, currently Modality (<u>ADHD | Haydock (haydockmc.com)</u>, then we are able to prescribe and monitor your medication for you. We do this on instruction from Modality once they are happy you are on the correct medication at the correct dose.

The waiting time for Modality currently is approximately 4 years.

If, following reading this information, you still wish a referral via Right to Choose pathway, you would require at least a telephone appointment with a clinician to discuss. With the Right to Choose pathway, it is important that you bring the following information with you to the appointment with the clinician:

- Where you would like your referral to go.
- Complete any additional paperwork the provider asks you to complete. (some providers have their own questionnaires and cover letters that the patient must complete)

Right to Choose NHS: Your choices in the NHS - NHS (www.nhs.uk)

## RIGHT TO CHOOSE - ADHD (CHILDREN UNDER 16)

It is important to note that ADHD referrals for children under 16 are best made via the child's school.

The above policy regarding Right to Choose, is the same for children with regards to being unable to prescribe or monitor outside of a referral to the below nhs provider.

(Child and Adolescent Mental Health Service (CAMHS)( <u>Children and Young People's Psychological Services :: Lancashire and South Cumbria NHS Foundation Trust (Iscft.nhs.uk)) we will be able to continue prescribing, once stable on medication, and monitor this, where appropriate.</u>